

Paul Coleman
Clean Water Farm Award
2013



Paul Coleman

Mr. Coleman purchased his first farm, C-Stock, in 1970, which included little to no infrastructure. He purchased his second farm, Woodstock, in 1989. Mr. Coleman, now grazing 640 acres, started from scratch and created a successful operation that focuses on business and conservation.



The Colemans run a family business, marketing registered Angus.

They run up to 200 cow/calf pairs and sell an average of 57 bulls per year through private sales.

In addition, they raise 150 hair sheep for meat, which they also market locally.

The quality of the Coleman's stock is well-known.





Managing the forage is the most important component of the Coleman's operation. Mr. Coleman and his son closely manage the movement of the cattle and sheep to maximize their grazing potential. Their farm contains 20 watering troughs in 27 paddocks which allows for intensive rotational grazing.



The Coleman's use their animal diversity to benefit their grazing system. Their pasture rotation plan takes advantage of the different forage preferences of cows and sheep. Once the cows graze a pasture, the sheep follow behind them and graze the forage the cows find undesirable. This system allows for increased forage consumption and better pasture management.



The Colemans focus on keeping high quality forage on their farm. They continue to reseed with Orchardgrass and they aerate and frost-seed clover annually. The legume clovers put nitrogen back into the soil which reduces the need for frequent fertilizer application.



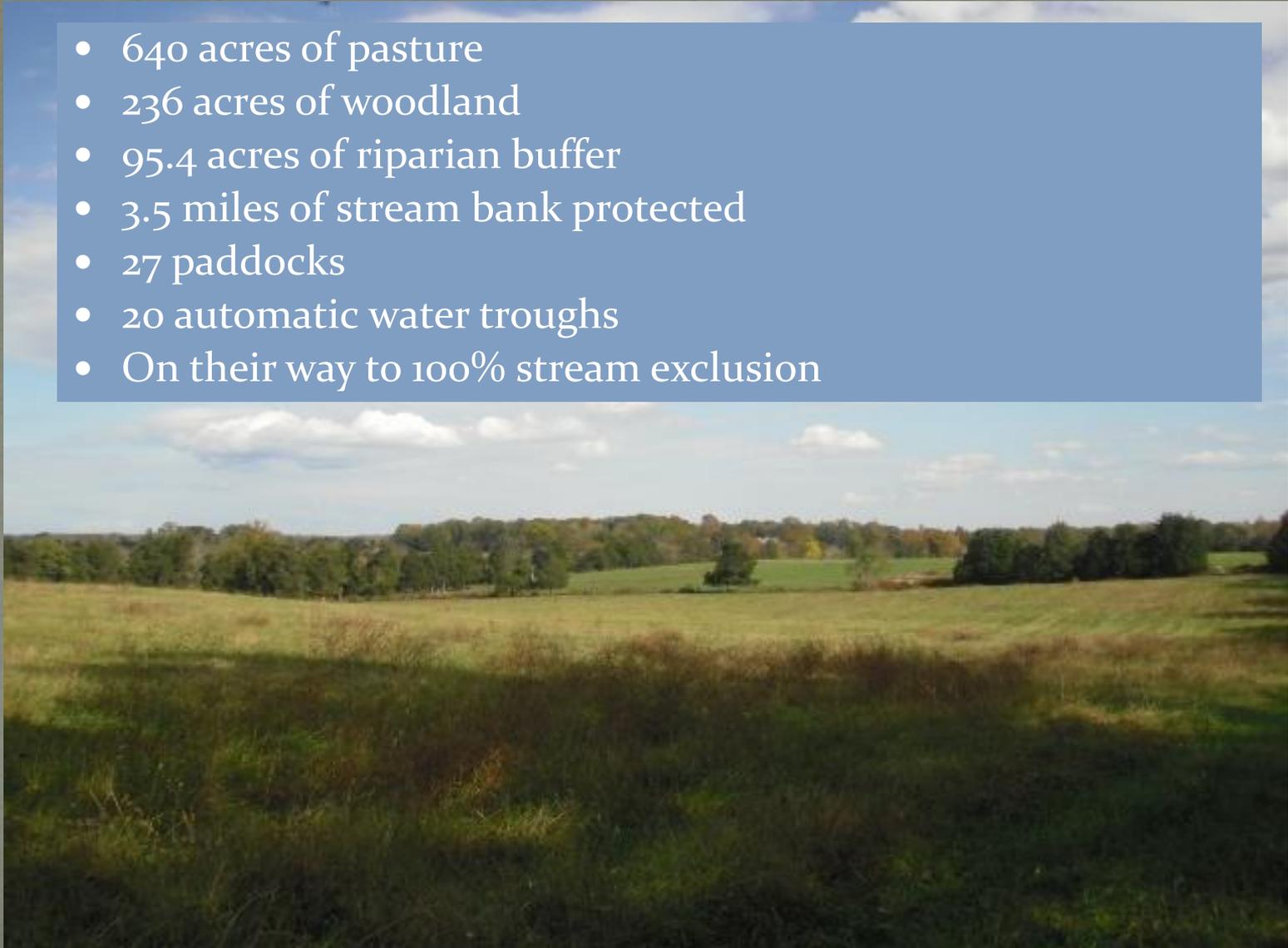
The Coleman's have fenced the cattle from the stream on the majority of their farms with 3.5 miles of stream protected and 95.4 acres of riparian buffer. Fencing cattle out of the stream not only improves the health of the water, it improves the health of the herd as well. Paul Coleman's cattle have less hoof trouble, less pink eye, and less trouble calving now that the streams are fenced.



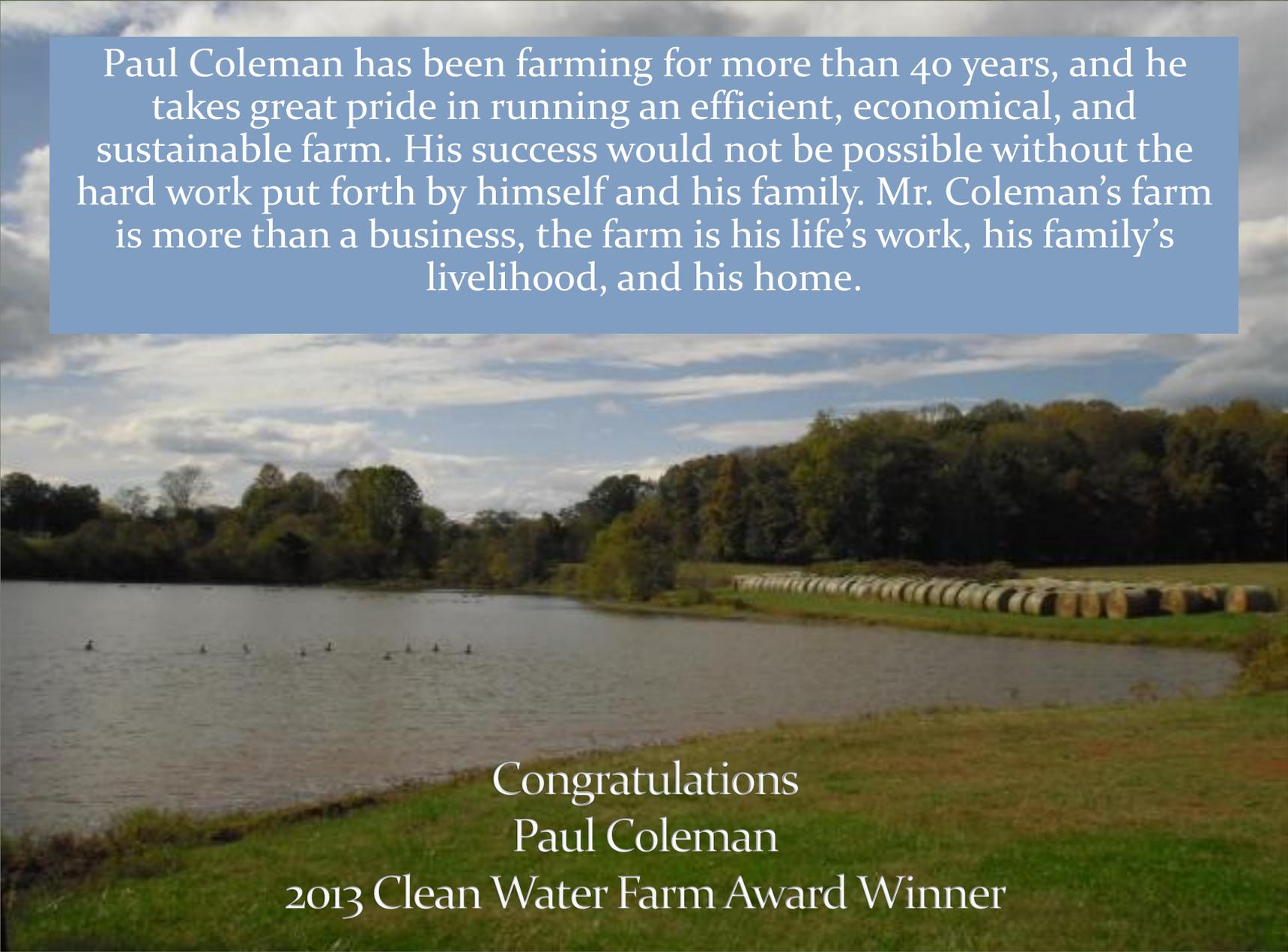
A mature riparian buffer area will keep the stream banks stabilized, filter runoff, and provide a safe haven for wildlife.

C-Stock and Woodstock Farm

- 640 acres of pasture
- 236 acres of woodland
- 95.4 acres of riparian buffer
- 3.5 miles of stream bank protected
- 27 paddocks
- 20 automatic water troughs
- On their way to 100% stream exclusion



Paul Coleman has been farming for more than 40 years, and he takes great pride in running an efficient, economical, and sustainable farm. His success would not be possible without the hard work put forth by himself and his family. Mr. Coleman's farm is more than a business, the farm is his life's work, his family's livelihood, and his home.



Congratulations
Paul Coleman
2013 Clean Water Farm Award Winner